



update

NSTU Group Insurance Trustees Mental Health and Wellness Grant

As teachers, we are very aware of the mental health and wellness needs of students in Nova Scotia. In an effort to assist members, the NSTU Group Insurance Trustees, with support from Johnson Inc., have initiated a Mental Health and Wellness Grant.

Q: *What is the Mental Health and Wellness Grant?*

A: The Mental Health and Wellness Grant was established to fund projects and programs that promote and support the mental health and well-being of children and youth in the schools and campuses across Nova Scotia as they cope with the pressures of growing up in today's fast paced world.

Q: *Who is eligible for the Mental Health and Wellness Grant and what is required as part of the application process?*

A: To be eligible to apply for this grant, the individual must be an active member of the NSTU at the time of application. Active members are persons described by Section 12 of the Teaching Profession Act and Article 1 (2) of the By-Laws of the NSTU.

The NSTU Group Insurance Trustees will be awarding grants once per year. The application process will include the project, description, innovation and creativity, impact on students, materials and budget, and overall impression.

Q: *When and how do I apply for the grant?*

A: Applications for the grant must be received by the Registered Nurse on or before 4:00 p.m. on January 31, 2018. To review the information sheet and download the application form and budget sheet, go to: www.nstu.ca/nstu-members/group-insurance/nstu-group-insurance-trustees-mental-health-and-wellness-grant/

Detailed information is provided at the link, however, if you have any questions, please contact the Trustee in your geographic area.

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